

## Vesicular Arbuscular Mycorrhizal (VAM) Status of some medicinal plants of Gar-Panchakot hills in Purulia, West Bengal, India

Pampi Ghosh<sup>1\*</sup> and Nagendra Kumar Verma<sup>2</sup>

<sup>1</sup>Dept. of Botany, Seva Bharati Mahavidyalaya, Kapgari, Paschim Medinipur, W.B, India

<sup>2</sup>Dept. of Botany & Forestry, Vidyasagar University, Midnapore, Paschim Medinipur, W.B., India

\*Corresponding Author E-mail: [pampikapgari@gmail.com](mailto:pampikapgari@gmail.com)

### ABSTRACT

*Fifty four species of medicinal Plants were investigated for Vesicular-arbuscular mycorrhizal (VAM) status in Gar-Panchakot hills, in Dhara area of Purulia District of southwest Bengal. VAM was observed in almost all plants. Great variations were found in VAM infection percentage from plant to plant even from season to season. Plants in rainy season showed highest VAM infection percentage than winter and summer. Number of vesicles increased in winter but rainy season encouraged more arbuscules than vesicles. More than one type of mycorrhizal hyphae and vesicles were observed in majority of plants depending upon season and sites.*

**Key words:** VA-Mycorrhizae, Root Colonization, Seasonal variations, medicinal plants

### INTRODUCTION

VA mycorrhizae are associated with the roots of plants of natural and agricultural ecosystems<sup>41</sup>, including arid and semiarid areas<sup>8,40</sup>. Their wide distribution is due to obligate mycotrophy of plants<sup>42</sup>. VA mycorrhizae play an essential role in nutrient transfer<sup>30,31,37</sup> soil aggregation helps to obtain water, which is critical to plant survival and growth under dry condition<sup>27</sup>, improvement of tolerance to drought and salinity<sup>1,4,13</sup> and plant protection against pathogen<sup>17,20,21,38,39</sup>. Medicinal plants constitutes about 10%-80% of world flora most of which are being harvested from the wild<sup>18</sup>. Associated VAM fungi with the medicinal plants not only enhances the growth of those medicinal plants but also improve the active principle contents of plants or plant parts<sup>5,29,36,45</sup>.

The list of some common ethno-medicinal plant of Purulia district has been described by Chakraborty and Bhattacharjee<sup>9</sup>. The vegetation ecology of the Gar-Panchakot hill has been made by Das<sup>10</sup>, 2007. However no survey has so far been conducted on the VA mycorrhizal association of medicinal Plants of Dhara, Garh Panchakot, Purulia. Therefore an intensive study for consecutive two years was conducted in a preliminary attempt to observe the VA mycorrhizal status and seasonal variation of the VA mycorrhizae on the host medicinal plants.

#### Study Area and Climate

The study area was a Hill area at Gar-Panchakot of Purulia District in West Bengal which is adjacent to Dhanbad District of Jharkhand State. The site was in Dhara, which is situated on the foot hills of Garh Panchakot commonly called Panchet Hill.

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The area is filled with undulated strips under Chotanagpur Plateau, and the entire hill is covered with various types of plants viz herbs, shrubs, trees, climber and lianas. Dhara is a historical place and situated at the foot hill of Garh Panchacot hill. It is situated under Neturia community development block (23°39' 47" N and 86° 49' 37" E) covering an area of 199.37 sq Km. The block comprises of seven gram-panchayates viz. Vamuria, Digha, Guniaria, Janardandi, Raibandh, Saltore and Sarbari. The entry point is at Gobag, Ram Kanali which is the head quarter of this block. The temperature falls up to 7<sup>0</sup> C in winter and rises up to 40<sup>0</sup> in summer. The annual rainfall is approx. 170mm. The tenures of the seasons are as follows:

- a. Monsoon (July, August, September and October);
- b. winter (November, December, January, and February) and
- c. summer (March, April, May and June) round the year followed by two consecutive years.

## MATERIALS AND METHODS

The overall materials and methods are divided in to various sub-disciplines as mentioned below:

### 1. Collection and Sampling of Plant materials along with roots and rhizosphere soils:

Available and easy to uprooting medicinal plants with their intact roots and rhizospheric soil up to 10 cm depth was collected randomly from Dhara area in Gar Panchakot, Purulia. Periodic survey of two consecutive years (2012-13 to 2013-14) were undertaken to study the seasonal variations of mycorrhizal fungi and status of the same for the study area. Based on the climate three seasons were perceived in the field namely monsoon, winter and summer for study that recognised pattern of vegetation in the same area.

### 2. Working Principles of Materials:

Species wise fine feeder roots of the medicinal plants were collected and cut into approx. 1cm pieces. Fragments were washed under tap water properly. Root samples were processed as per cold treatment<sup>16,43,46</sup>. Cleared root segments were stained by writing ink (Camel/Chelpark, Royal Blue ink) as a dye<sup>19,43,44</sup>. Pigmented root segments were processed in freshly prepared alkaline H<sub>2</sub>O<sub>2</sub> Solution at room temperature for 10 to 20 minutes or until roots are bleached<sup>43</sup>.

### 3. Soil samples and Working Principle:

Rhizospheric soil samples were collected in clean plastic carry bags with tags. Each soil sample was spread on clean newspaper and was allowed to dry in air under shade of net house of Vidyasagar University. Pebbles and other unwanted matters were removed from the spread samples. Large lumps were broken with wooden roller or hand. After grinding soil samples were sieved through flour sieves and fine soils were stored in clean plastic carry bag/poly propylene bags with labelling tag for mycorrhizal fungal spore estimation and soil analysis in room temperature.

### 4. Estimation of root colonization:

VA-mycorrhizal colonization in roots was assessed following slide method<sup>14,26</sup>. Stained root pieces of approximately 1cm length were randomly placed on slide in groups of 5 to observe fungal hyphae, vesicles, arbuscules, coiled hyphae and other related structures under light microscope (15×10 and 15 x 40). The root pieces were mounted in lacto phenol or 50% glycerine. It is necessary to press gently the cover slip to flatten the root pieces.

### 5. The Calculation of percentage of AM infection:

Percent of root colonization = Number of root segments colonized/Number of root segments observed x 100

### 6. Spore separation and quantification:

Quantification and separation of VA-mycorrhizal spores from each medicinal plant rhizospheric soil sample was done by using wet sieving and decanting method<sup>12</sup>. Permanent slides were prepared for further work<sup>23</sup>. Glue can be used for the same purpose in absence of PVLG<sup>3</sup>.

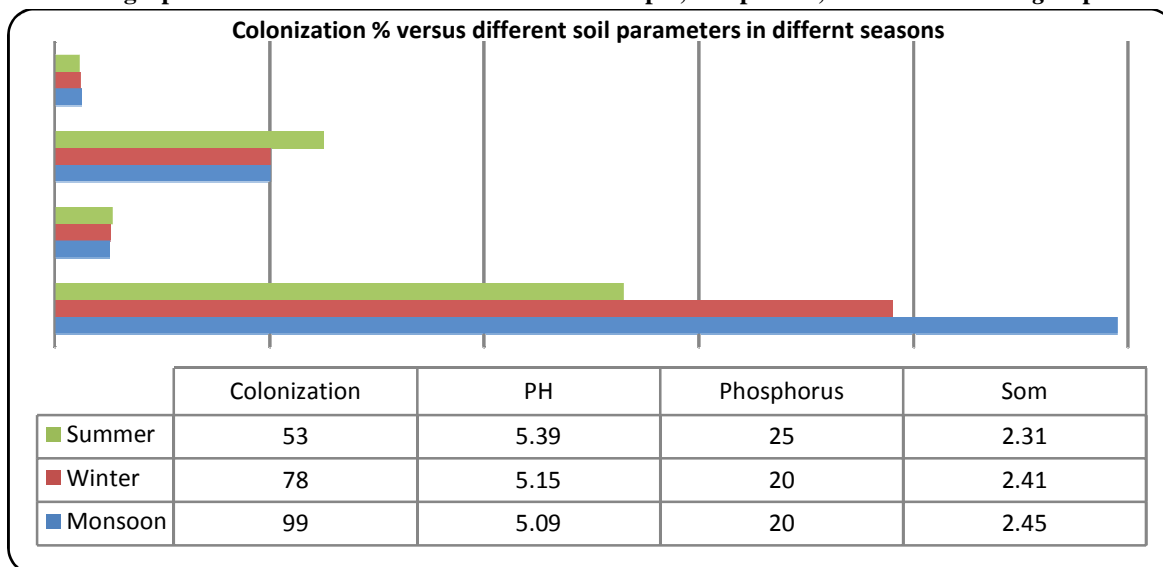
### 7. Identification of VA-mycorrhizal spore:

Based upon hyphal attachment, colour, size, shape, structure and compound microscopic character spores were identified. For identification and nomenclature INVAM's<sup>19</sup> World Wide Web site at <http://invam.caf.edu> was used.

**RESULTS AND DISCUSSION**

Physico-chemical analysis of collected rhizospheric soil samples revealed that the soil is acidic in all seasons but organic matter showed maximum value during rainy season (Table 1). Moisture content decreased in winter but increased in rainy season whereas pH increased during winter but less in rainy season which showed negative correlation with VAM colonization (Bargraph 1). A total 54 species of vascular medicinal plants were screened for mycorrhizal colonization. Among them 54 species belonged to 26 different families (Table 2). Out of these 51 plants from 25 families were found mycorrhizal. The roots of the host plants which were not found colonized with AM fungi were *Achyranthes aspera* L and *Chrozophora plicata* (Vahl) A. Juss. ex Spreng, *Coldenia procumbens* L. VA mycorrhizal colonization was indicated by the presence of hyphal networks, arbuscules, vesicles, and endospores. Highest percentage of colonization was observed in rainy season and lowest in summer which is similar to Bouamri *et al*<sup>7</sup>., Ghosh, *et al*<sup>15</sup>. Monsoon is the prime period of vegetative growth of herbs and seedlings in the lateritic forest soil. Increase of root colonization level during rainy season clearly correlated with vegetative growth period of studied herbaceous medicinal plants. This indicated that the VA mycorrhizal association were well established and functional at the time when plants required higher nutrients supply to support their enhanced metabolic activities synchronised with higher water availability and lower surrounding temperature<sup>2,6,7,35</sup>. In summer and late winter, colonization level decreased indicating that a well-established symbiosis is not as essential during maturation period of plants as during vegetative growth period. Soil Phosphate showed negative correlation with colonization percentage of plant<sup>22,37</sup> but it did not affect spore density. These results suggest that the seasonal trend in VAM fungal colonization may be influenced by plant phenological events, specifically flowering, fruiting and by available P concentration<sup>7,33</sup>. During rains soil organic matter (SOM) increased along with the mycorrhizal infection percentage in almost every mycorrhizal medicinal plant, so SOM and VA mycorrhizal colonization percentage showed positive correlation (Bargraph1).

**Bargraph 1. Correlation of VAM colonization with pH, Phosphorus, SOM in case of *Aegle* sp.**



Spore density increased to its peak in winter and least in rainy seasons followed by the work of Sambandan<sup>34</sup>, 2014 (Table 3). It demonstrated that there is positive relationship between VAM sporulation level and water availability<sup>11,25</sup>. *Aegle marmelos* showed highest colonization % (99%) followed by *Cassia occidentalis* and *Crotalaria pallida* where percentage of infection was 97% and 92% respectively during monsoon. During winter they also got 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position in case of percentage of infection. Lowest % of infection (10 %) was seen in *Melochia corchorifolia* L., during monsoon. *Cassia occidentalis* L. showed highest % of spore density (390/100 gm rhizospheric soil) during winter. Temperature and moisture fluctuations with different seasons influenced the AM spore population and

root colonization directly or indirectly<sup>29</sup>. The VA mycorrhizal spore count showed no significant or positive correlation with the root colonization percentage<sup>24</sup>. Spore density showed no significant correlation with P<sup>H</sup>. The spore density was in between 380 to 02/100gm soil. The major spore population belonged to *Glomus* sp. followed by *Scutellospora* sp., *Acucospora* sp. and *Gigaspora* sp. The predominance of various *Glomus* spp. appeared to be general observation reported under curtained ecosystem by others also including medicinal plants<sup>24,28,32</sup>. *Glomus* indicated high adaptive mechanism for associations with various medicinal plants of deciduous lateritic southwest Bengal forest floor.

**Table 1: Soil properties in Dhara of Gar-Panchakot, Purulia District, West Bengal, India**

| Seasons | pH         | Moisture content of Soil | Organic Carbon % | Soil Organic Matter % | Nitrogen % | K <sub>2</sub> O ppm | P <sub>2</sub> O <sub>5</sub> ppm | Spores Density/100gm soil |
|---------|------------|--------------------------|------------------|-----------------------|------------|----------------------|-----------------------------------|---------------------------|
| Monsoon | 5.09±0.003 | 12±0.012                 | 1.41             | 2.45                  | 0.12       | 96                   | 20                                | 180                       |
| Winter  | 5.15±0.015 | 7±0.016                  | 1.39             | 2.41                  | 0.12       | 85                   | 20                                | 380                       |
| Summer  | 5.39±0.003 | 2±0.013                  | 1.33             | 2.31                  | 0.11       | 94                   | 25                                | 270                       |

Value=Mean±SE

**Table 2: Colonization of roots of some medicinal plants available at Dhara**

| S. No. | Name of plant/Family  | Parts used             | Uses  | Active principle  | Rainy | Winter | Summer |
|--------|---|------------------------|---|---|-------|--------|--------|
| 1.     | <i>Achyranthes aspera</i> L. (Apang-Beng.) /Amaranthaceae   | Whole plant, Leaves.   | Used in cough and its decoction is given in renal dropsy and bronchial infection  | Achyranthes Protein (AP)  | Nil   | Nil    | Nil    |
| 2.     | <i>Aegle marmelos</i> Corr. (Bel.-Beng)/ Rutaceae   | Fruit pulp and Leaves. | Used in Chronic diarrhoea, dysentery, Half ripe fruit is used as an astringent, digestive, stomachic and in diarrhoea.                    | Furoquinolin, furo-coumarins.   | 99    | 78     | 53     |
| 3.     | <i>Alternanthera sessilis</i> (L.) R.Br ex DC. (Ghora- Beng.) Amaranthaceae                               | Whole plant            | Leaves used as vegetable .It's decoction used as diuretic, tonic and it has cooling antioxidant , thrombolytic and wound healing property | β carotene, Phenol, Flavonoids  | Nil   | 13     | 12     |
| 4.     | <i>Alysicarpus vaginalis</i> (L.) DC./ Fabaceae   | Whole plant            | Root juice used in fever, cough;leaf extract anticancerous, antioxidant, antiproliferative  | Phenolics   | 45    | 40     | 22     |
| 5.     | <i>Andrographis paniculata</i> (Burm.f.)Wall.ex Nees./ Acanthaceae  | Whole plant            | Leafe juice used as liver tonic, Whole plant used to treat high blood pressure and anthelmintic   | Andrographolide,  | 58    | 49     | 44     |
| 6.     | <i>Anisomeles indica</i> O. Kuntze (Bantulsi-Beng) Lamiaceae  | Leaves.                | Carminative, Astringent .   | Acetylated flavones, glucoside and epigenin                                       | 72    | 68     | 63%    |
| 7.     | <i>Atylosia Scarabaeoides</i> (L.) Benth Fabaceae   | Root                   | Rheumatism  | Terpenoids, caryophyllene   | 50    | 40     | 23     |
| 8.     | <i>Blumea lacera</i> DC. (Kuksima -Beng.)/ Compositae/Asteraceae  | Leaves                 | Plant astringent, stomachic antispasmodic, antipyretic, diuretic  | Apinene, Humulene, E-b-farnesene.   | 51    | 43     | 121    |
| 9.     | <i>Boerhaavia diffusa</i> L. (Punarnava –Beng.)/ Nyctaginaceae  | Whole plant.           | Drug possesses diuretic properties, and is used in dropsy, and also recommended for asthma  | Punarnavine   | 76    | 76     | 29     |
| 10     | <i>Calotropis procera</i> Dryand ex W. Ait.= <i>Asclepias procera</i> Willd.( kundi-Beng.) Asclepiadaceae | Root bark and Flowers. | Used in dysentery, acts as substitute for ipecacuanha, diaphoretic, expectorant, emetic and is valuable remedy in skin                    | n-Heptanoic acid, methyl ester, n-decanoic acid and n-nonanoic acid methyl ester. | 50    | 43     | 42     |

|     |  |                      |  |  |     |     |     |
|-----|--|----------------------|--|--|-----|-----|-----|
|     |  |                      | diseases. Tincture of leaves is used in intermittent fevers and powdered flowers in cold, cough and asthma.  |  |     |     |     |
| 11  | <i>Cardiospermum helicacabum</i> L. (Sibjhol –Beng.)<br>Sapindaceae          | Whole plant.         | Whole plant is recommended for stiffness of limbs and rheumatism; leaf-juice is used as cure for ear-ache.   | Saponin, traces of alkaloids, flavonoids, proanthocyanidin, apigenin, phytosterols (e.g. Stigmasterol.)                | 57  | 44  | 32  |
| 12  | <i>Cassia occidentalis</i> L.<br>Caesalpiniaceae                             | Root                 | Dried roots with tea used as laxative  | Anthraquinone, root contain emodin, seed chrysarobin and N-methylmorpholine  | 97  | 77  | 62% |
| 13  | <i>Coldenia procumbens</i> L. (Bakim -Beng.)/<br>Ehretiaceae                 | Leaves.              | Fresh leaves are ground and applied to rheumatic swellings.  | Steroid.   | nil | nil | Nil |
| 14  | <i>Chrozophora plicata</i> (Vahl) A. Juss. Ex Spreng/<br>Euphorbiaceae       | Stem and whole plant | Used against ulcer   | Flavonoids   | nil | nil | Nil |
| 15  | <i>Croton bonplandianum</i> Baill./Euphorbiaceae                             | Leaves               | Controll high blood pressure, used against skin diseases, cuts and wonds   | Alkaloids,Flavonoides,saponins, steroids, resins, Rutin etc.   | 72  | 62  | 60  |
| 16  | <i>Crotalaria pallid</i> Aiton (ban atasi –Beng)<br>Fabaceae                 | Whole plant, seeds   | Urinary problems, fever, eczema, skin infection  | Pyrrrolizidene alkaloids such as mucronatine, monocrotaline  | 92  | 71  | 45  |
| 17  | <i>Cynodon dactylon</i> (L.) Pers. (Durba - Beng./Bermuda grass)/<br>Poaceae | Whole plant          | Fresh juice applied on cut portion to check bleeding in man and animals. It stops hair ripening and hair loss.   | Ergotamine, novinine alkaloids and glycosides. Hydroquinone, levoglucosenone, furfural, hexadecanoic acid also present | 55  | 50  | 23  |
| 18  | <i>Desmodium gangeticum</i> DC. (Salpani-Beng.)<br>Fabaceae                  | Roots and Seeds.     | Roots and seeds are used as febrifuse and anti-catarrhalic medicine. It has also antipyretic property.   | Alkaloids, terpenopids, phenols, steroids and tannin.  | 88  | 72  | 54  |
| 19  | <i>Desmodium triflorum</i> DC.<br>Fabaceae                                   | Whole plant          | Liver congestion, chronic ulcers and dysentery, diarrhea, Urinary retention , snake bite poisonin (Russell's viper   | Urosolic acid, vitexin, genistin, flavonoids and alkaloids (Hypaphorine, betanine).                                    | 51  | 45  | 43  |
| 20  | <i>Eclipta prostrate</i> L. (Kesut-Beng.)<br>Asteraceae                      | Whole plant          | Best remedy for hair loss, astringent, deobstruent, emetic, depurative, febrifuge, ophthalmic, purgative, styptic  | Wedelolactone alkaloid nicotine and ecliptine, caumarin  | 42  | 40  | 10  |
| 21  | <i>Eupatorium odoratum</i> L./<br>Asteraceae                                 | Leaves               | Anthelmintic, antimicrobial, antifungal and wound healing  | Alkaloids, tannins   | 61  | 52  | 47  |
| 22. | <i>Euphobia hirta</i> L. (Laldudhi -Beng.)<br>Euphorbiaceae                  | Whole plant.         | Flower and fruit plants constitute a drug which is used in bronchial affections, cough, and asthma, in removing worms in children and in bowel complaints. Latex of plant is applied on warts. | Alkanes, tri-erpenes, phytosterols, tannins, polyphenols, flavonoids   | 57  | 55  | 54  |
| 23  | <i>Evolvulus numularius</i>  | Whole plant          | Antibacterial and anti   | Beta- sitosterol,  | 59  | 51  | 47  |

|    |   |                                    |   |   |    |    |    |
|----|---|------------------------------------|---|---|----|----|----|
|    | (L.) L.<br>Convolvulaceae   |                                    | oxidant activity  | glucoside,<br>stigmasterol,<br>d-mannitol,<br>ursolic acid,<br>oleanolic acid   |    |    |    |
| 24 | <i>Glinus oppositifolius</i><br>(L.) A.DC.<br>Molluginaceae                     | Leaves,<br>whole plant             | Stomachic, aperients,<br>antiseptic, used in skin<br>diseases and for<br>suppression of the lochia.<br>Juice useful for ich and<br>other skin diseases  | Spergulenigenic acid,<br>spergulenigenin A, sap<br>ogenin, glycoside.   | 27 | 25 | 24 |
| 25 | <i>Helicteres isora</i> Linn.<br>(petmochra-Beng)<br>Sterculiaceae              | Roots and<br>stem barks,<br>fruits | Rich sources of nutrients<br>and anti-oxidant Root<br>and stem bark is used as<br>expectorant, demulcent<br>and as astringent. It is<br>used to treat diarrhea,<br>dysentery and biliousness.<br>It is also an anti-diabetic<br>and anti-pyretic plant.                                 | Gallic acid, Caffeic<br>acid, vanillin,<br>Betulic acid,<br>daucosterol,<br>sitosterol, Isorin.                                     | 70 | 68 | 43 |
| 26 | <i>Hemigraphis hirta</i><br>(Vahl.) T Anderson/<br>Acanthaceae                  | Whole plant                        | Belly pain of quadruped,<br>shigellosis   | Lupeol, beta-<br>sitosterol   | 41 | 35 | 32 |
| 27 | <i>Hemidesmus indicus</i><br>(L.) R. Br./<br>Asclepiadaceae                     | Roots                              | Roots are used as<br>substitute of Sarsaparilla;<br>as tonic, diuretic,<br>diaphoretic and<br>demulcent.  | p-methoxysalicylic<br>aldehyde,<br>coumarins,<br>flavonoids,<br>triterpenes,<br>pregnane glycoside,<br>polyphenols, and<br>sterols. | 39 | 30 | 25 |
| 28 | <i>Herpestis<br/>chamaedryoides</i> Kunth /<br>Scrophulariaceae                 | Whole plant                        | Leaf extract ameliorates<br>hypobaric<br>hypoxia induced and<br>reduces nervous disorder.   | Neurostimulant  | 51 | 45 | 34 |
| 29 | <i>Hewittia bicolor</i><br>(Vahl.) Wight & Arn./<br>Convolvulaceae              | Leaves                             | Used in Sores, diuretic<br>and used for arthritic pain  | Terpens, glycosids  | 67 | 61 | 15 |
| 30 | <i>Hybanthus<br/>enneaspermus</i><br>(L.) F. Muell./<br>Violaceae               | Leaves and<br>roots.               | Leaves are used as<br>demulcent. Roots are used<br>in bowel complaints of<br>children   | Alkaloids, steroids<br>and carbohydrates  | 30 | 21 | 15 |
| 31 | <i>Indigofera tinctoria</i> L.<br>(Bannil-Beng.)<br>Fabaceae/Papilionaceae.     | Leaves .                           | Leaf juice is used as<br>prophylactic against<br>hydrophobia. Extract of<br>plant is useful in epilepsy<br>and nervous disorders,<br>also used in bronchitis,<br>and as ointment in sores,<br>ulcers and haemorrhoids   | Coumarin and<br>indirubin.  | 54 | 47 | 29 |
| 32 | <i>Ichnocarpus frutescens</i><br>Ait. & Ait. (Dudhilata-<br>Beng.) /Apocynaceae | Roots.                             | Roots are used as<br>substitute of Indian<br>Sarsaparilla<br>( <i>Hemidesmus indicus</i> )  | Alkaloids,<br>glycosides, steroids,<br>flavonoids and<br>tannins  | 77 | 75 | 40 |
| 33 | <i>Jatropha gossypifolia</i><br>L. (Lal Bherenda-<br>Beng.)/<br>Euphorbiaceae   | Twigs                              | Twigs having antibiotic<br>activity against<br><i>Escherichia coli</i> .  | propacin,<br>caumarinolignoid   | 69 | 54 | 33 |
| 34 | <i>Lantana camara</i> L.<br>(Putki-Beng.)/<br>Verbenaceae                       | Bark, stem<br>and Leaves.          | Bark is astringent and<br>used as lotion in<br>impetiginous eruptions,<br>leprosy ulcers and<br>obstinate ulcers. Leaves<br>are boiled and applied for<br>swellings and pains of<br>body. Alkaloidal<br>fractions, obtained from<br>leaves, have been found<br>to lower blood pressure, | Lantadenes<br>Essential oil,<br>sterols, glycosides<br>and saponins,<br>tri-terpenoids,<br>oleanonic acid,<br>oleanolic acid        | 67 | 52 | 38 |

|    |  |                      |   |   |    |    |    |
|----|--|----------------------|---|---|----|----|----|
|    |  |                      | accelerate deep respiration and stimulate intestinal movements in experimental animals.   |   |    |    |    |
| 35 | <i>Leucas aspera</i> Spreng. (Halkush-Beng)/<br>Lamiaceae              | Leaves.              | Juice mixed with honey, flowers are used for cough and cold. An alcoholic extract of leaves shows antibacterial activity.                         | Flavonoids.   | 46 | 41 | 23 |
| 36 | <i>Ludwigia perrenis</i> L. (ban labanga-Beng)<br>Onagraceae           | Root                 | Anti-cancer , fever, against aching gums  | Betulonic acid, gallic acid, quercetin  | 42 | 24 | 21 |
| 37 | <i>Marselia quadrifolia</i> L. (susni sak- Beng)<br>Marsiliaceae       | Leaves               | Cough, bronchitis, diabetes, psychiatric diseases, eye diseases, diarrhoea and skin diseases  | Steroids , saponins   | 60 | 52 | 19 |
| 38 | <i>Melochia corchorifolia</i> L. (Tikiokra-Beng.)/<br>Sterculiaceae    | Leaves and stem.     | Boiled in oil and used for the remedy for preventing bad consequences from bites of water snakes.   | Leaves contain triterpenes :friedelin, friedelinol, and beta-amyrin, flavonolglycoside: hiibifolin. | 10 | 10 | 06 |
| 39 | <i>Ocimum basilicum</i> L. (Bantulsi-Beng.)<br>Lamiaceae               | Seeds.               | Antibacterial, antifungal, digestive , carminative  | methyl havicol, eugenol, limonene   | 61 | 70 | 64 |
| 40 | <i>Passiflora foetida</i> L. (Ban-jhumkolata-Beng.)<br>/Passifloraceae | Roots, Leaves        | Antibacterial   | Flavonoids(Pachyodols), epigenin, indole alkaloids, hydrogen cyanide and cyanogenic glycosides.     | 52 | 48 | 31 |
| 41 | <i>Phylla nodiflora</i> L. (Bhui ochre-Beng.)<br>/Euphorbiaceae        | Leaves               | Treatment of hook worm, wounds, burning sensation   | Onopordin, eupafolin  | 82 | 61 | 60 |
| 42 | <i>Phyllanthus amarus</i> Schum. & Thonn./<br>Euphorbiaceae            | Leaves               | Improvement of libido in men, treatment of jaundis  | Flavonides, tannins,alkaloids, steroids, cardiac glycosoids   | 76 | 51 | 51 |
| 43 | <i>Phyllanthus simplex</i> Retz./<br>Euphorbiaceae                     | Leaves               | Antioxidant , anti-inflammatory   | Gelleic acid, caffeic acid, phenolic components   | 52 | 40 | 39 |
| 44 | <i>Ruellia prostrate</i> Poir./<br>Acanthaceae                         | Tuberous root        | Diuretic, coughs, cold and flu  | Steroids and terpenoids   | 47 | 40 | 40 |
| 45 | <i>Scoparia dulcis</i> L. (Chinipata-Beng.) /<br>Scrophulariaceae      | Leaves               | An infusion of leaves is used in fever, cough and bronchitis, and as a gargle for toothache. Leaves and stems are used in diabetes.               | Scopadulcicacid A, B, scoparic acid A-C, ammelin  | 67 | 57 | 51 |
| 46 | <i>Sida cordata</i> (Burm. f.) Borss. Waalk./<br>Malvaceae             | Leaves               | Leaf stop bleeding from cuts and wounds, and antioxidant  | Flavonoids, phenolics.  | 57 | 50 | 47 |
| 47 | <i>sida cordifolia</i> L. (Kungyi –Beng.)/<br>Malvaceae                | Seeds, leaves, roots | Seeds possess demulcent and laxative properties and are used in bowel complaints, anti-inflammatory and analgesic, blood purifier, anti –diabetic | Alkaloid , essential oil, ephedrine, vasicinone, vasicine, vasicinol.                               | 40 | 34 | 18 |
| 48 | <i>Spermacoce hispida</i> Linn. /<br>Rubiaceae                         | Seeds, roots         | Anti- diabetic, anti-hypertensive, hepatoprotective, analgesic, anticancer, antioxidant.  | Saponins, tannins, phenolics, steroids, essential oil, flavonoids and terpenoids                    | 51 | 43 | 22 |
| 49 | <i>Spilanthes oleracea</i> L./<br>Asteraceae                           | Whole plant          | Fresh and dried plant is recommended for  | Spilanthol, triterpens  | 84 | 72 | 51 |

|    |  |                                 |  |   |    |    |    |
|----|--|---------------------------------|--|---|----|----|----|
|    |  |                                 | toothache, scurvy and gum troubles, leaves and flowers used traditionally for stammering , toothache and stomatitis  |   |    |    |    |
| 50 | <i>Sphaeranthus indicus</i> L. (Chagalboti-Beng.)/ Asteraceae              | Whole plant                     | Juice of the plant is reported to be useful in liver and gastric disorders. Powdered seeds and roots are used as an anthelmintic and decoction of roots is considered to be useful in chest pains, cough and bowel complaints. | Eudesmanolides, sesquiterpenoids, flavonoids, sterols alkaloids etc.      | 47 | 46 | 34 |
| 51 | <i>Stephania japonica</i> (Thunb.) Miers. /Menispermaceae                  | Tuber, leaves                   | Tubers are used for fever, diarrhea and stomachache, leaves are antioxidant, analgesic and antimicrobial.  | Steroids, saponins, flavonoids, alkaloids such as aknadinine, husbanonine | 67 | 62 | 56 |
| 52 | <i>Teramnus labialis</i> Spreng.( Mashaparni-Beng.) Fabaceae/Papilionaceae | Whole plant                     | Antioxidant, used in treating rheumatism, tuberculosis, nerve disorder, paralysis and catarrhs.  | Flavonol glycoside  | 50 | 37 | 21 |
| 53 | <i>Tridax procumbens</i> L. (tridaksha – Beng.)/ Asteraceae                | Whole plant                     | Antidysenteric, anti diarrhoeal and juice used as styptic in bleeding wounds, i.e. anticoagulant, also used as anti fungal, insect replant, hair tonic, bronchial catarrh.   | Flavonoid (procumbetin, procumbetin), sterols,                            | 85 | 35 | 35 |
| 54 | <i>Xanthium strumarium</i> L./ Asteraceae                                  | Roots, leaves, fruits and seeds | Used as astringent, emollient, sedative, diuretic, sialagogue, anti-scrophulous, and strongly diaphoretic, given in long standing malarial fever   | Glucosides – Xanthostrumarin  | 70 | 66 | 60 |

**Table 3: Spore density per 100 gm processed soil collected from Dhara, Gar-Panchakot, Purulia**

| S.No. | Name of plant infected by VAM fungi                   | Family of the Plant | Rainy season    | Winter season   | Summer season   |
|-------|---|---------------------|-----------------|-----------------|-----------------|
|       |   |                     | Spore/100g soil | Spore/100g soil | Spore/100g soil |
| 1.    | <i>Achyranthes aspera</i> L.                          | Amaranthaceae       | 8               | 031             | 20              |
| 2.    | <i>Aegle marmelos</i> Corr.                           | Rutaceae            | 170             | 370             | 230             |
| 3.    | <i>Alternanthera sessilis</i> (L.) R.Br ex DC         | Amaranthaceae       | 10              | 120             | 90              |
| 4.    | <i>Alysicarpus vaginalis</i>                          | Fabaceae            | 170             | 230             | 200             |
| 5.    | <i>Andrographis paniculata</i> (Burm.f.)Wall.ex Nees. | Acanthaceae         | 160             | 350             | 250             |
| 6.    | <i>Anisomeles indica</i> O. Kuntze                    | Lamiaceae           | 160             | 310             | 230             |
| 7.    | <i>Atylosia Scarabaeoides</i> (L.) Benth              | Fabaceae            | 198             | 310             | 280             |
| 8.    | <i>Blumea lacera</i> DC.                              | Compositae          | 120             | 380             | 215             |
| 9.    | <i>Boerhaavia diffusa</i> L.                          | Nyctaginaceae       | 175             | 310             | 230             |
| 10    | <i>Calotropis procera</i> Dryand ex W. Ait            | Aesclepiadace       | 132             | 340             | 290             |
| 11    | <i>Cardiospermum helicacabum</i> L.                   | Sapindaceae         | 110             | 378             | 210             |
| 12    | <i>Cassia occidentalis</i> L.                         | Fabaceae            | 135             | 390             | 250             |
| 13    | <i>Coldenia procumbens</i> L. F                       | Ehretiaceae         | 02              | 09              | 04              |
| 14    | <i>Chrozophora plicata</i> (Vahl) A. Juss. Ex Spreng  | Euphorbiaceae       | 02              | 14              | 09              |
| 15    | <i>Croton bonplandianum</i> Baill.                    | Euphorbiaceae       | 142             | 379             | 224             |
| 16    | <i>Crotalaria pallid</i> Aiton                        | Fabaceae            | 196             | 343             | 256             |



|    |   |                  |     |     |      |
|----|---|------------------|-----|-----|------|
| 17 | <i>Cynodon dactylon</i> (L.) Pers.                            | Poaceae          | 159 | 347 | 290  |
| 18 | <i>Desmodium gangeticum</i> DC.                               | Fabaceae         | 178 | 350 | 221  |
| 19 | <i>Desmodium triflorum</i> DC.                                | Fabaceae         | 100 | 320 | 250  |
| 20 | <i>Eclipta prostrata</i> L.                                   | Asteraceae       | 130 | 290 | 200  |
| 21 | <i>Eupatorium odoratum</i> Linn.                              | Asteraceae       | 140 | 300 | 210  |
| 22 | <i>Euphorbia hirta</i> L.                                     | Euphorbiaceae    | 120 | 290 | 230  |
| 23 | <i>Evolvulus numularius</i> (L.) L.                           | Convolvulaceae   | 110 | 230 | 200  |
| 24 | <i>Glinus oppositifolius</i> (L.) A. DC.                      | Molluginaceae    | 90  | 200 | 190  |
| 25 | <i>Helicteres isora</i> Linn.                                 | Sterculiaceae    | 120 | 319 | 240  |
| 26 | <i>Hemigraphis hirta</i> (Vahl.) T Anderson                   | Acanthaceae      | 150 | 300 | 210  |
| 27 | <i>Hemisdesmus indicus</i> (L.) R. Br.                        | Asclepiadaceae   | 170 | 300 | 198  |
| 28 | <i>Herpestis chamaedryoides</i> Kunth                         | scrophulariaceae | 146 | 298 | 180  |
| 29 | <i>Hewittia bicolor</i> (Vahl.) Wight & Arn.                  | Convolvulaceae   | 130 | 300 | 200  |
| 30 | <i>Hybanthus enneaspermus</i> (L.) F. Muell.                  | Violaceae        | 190 | 270 | 190  |
| 31 | <i>Indigofera tinctoria</i> L.                                | Fabaceae.        | 134 | 300 | 210  |
| 32 | <i>Ichnocarpus frutescens</i> Ait. & Ait.                     | Apocynaceae      | 180 | 340 | 240  |
| 33 | <i>Jatropha gossypifolia</i> L.                               | Euphorbiaceae.   | 170 | 320 | 220  |
| 34 | <i>Lantana camara</i> L.                                      | Verbenaceae      | 170 | 320 | 200  |
| 35 | <i>Leucas aspera</i> Spreng.                                  | Lamiaceae.       | 170 | 290 | 210  |
| 36 | <i>Ludwigia perrenis</i> L.                                   | Onagraceae       | 160 | 270 | 200  |
| 37 | <i>Marselia quadrifolia</i> L. eng)                           | Marsiliaceae     | 160 | 300 | 210  |
| 38 | <i>Melochia corchorifolia</i> L.                              | Sterculiaceae    | 80  | 200 | 150  |
| 39 | <i>Ocimum basilicum</i> L.                                    | Lamiaceae.       | 190 | 320 | 240  |
| 40 | <i>Passiflora foetida</i> L.                                  | Passifloraceae.  | 150 | 310 | 220  |
| 41 | <i>Phylla nodiflora</i> L.                                    | Euphorbiaceae    | 190 | 330 | 260  |
| 42 | <i>Phyllanthus amarus</i> Schum. & Thonn.                     | Euphorbiaceae    | 130 | 300 | 200  |
| 43 | <i>Phyllanthus simplex</i> Retz.                              | Euphorbiaceae    | 110 | 310 | 230  |
| 44 | <i>Ruellia prostrata</i> Poir.                                | Acanthaceae      | 90  | 290 | 210  |
| 45 | <i>Scoparia dulcis</i> L.                                     | Scrophulariaceae | 130 | 300 | 280  |
| 46 | <i>Sida cordata</i> (Burm.f.) Borss. Waalk.                   | Malvaceae        | 120 | 310 | 210  |
| 47 | <i>sida cordifolia</i> L.                                     | Malvaceae        | 80  | 290 | /160 |
| 48 | <i>Spermacoce hispida</i> L.                                  | Rubiaceae        | 100 | 310 | 160  |
| 49 | <i>Spilanthes oleracea</i> Murr.                              | Asteraceae       | 140 | 320 | 190  |
| 50 | <i>Sphaeranthus indicus</i> L.                                | Asteraceae       | 90  | 250 | 210  |
| 51 | <i>Stephania japonica</i> (Thunb.) Miers var. <i>discolor</i> | Menispermaceae   | 140 | 340 | 210  |
| 52 | <i>Teramnus labialis</i> Spreng.                              | Fabaceae         | 110 | 310 | 200  |
| 53 | <i>Tridax procumbens</i> L.                                   | Asteraceae       | 160 | 280 | 210  |
| 54 | <i>Xanthium strumarium</i> L.                                 | Asteraceae       | 180 | 320 | 254  |

## PHOTOPLATES

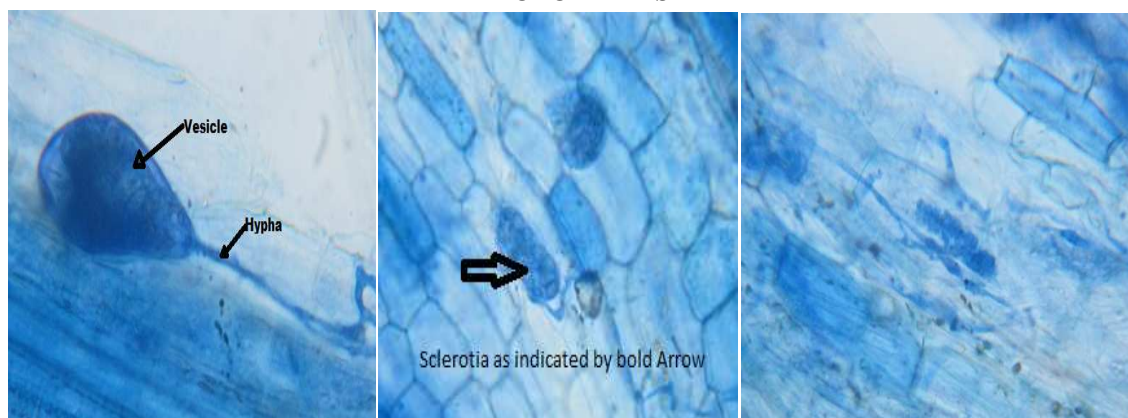


Fig. 1: Vesicle of VAM fungi, Fig. 2: Sclerotia of endophytes, Fig. 3: Arbuscules of VAM fungi

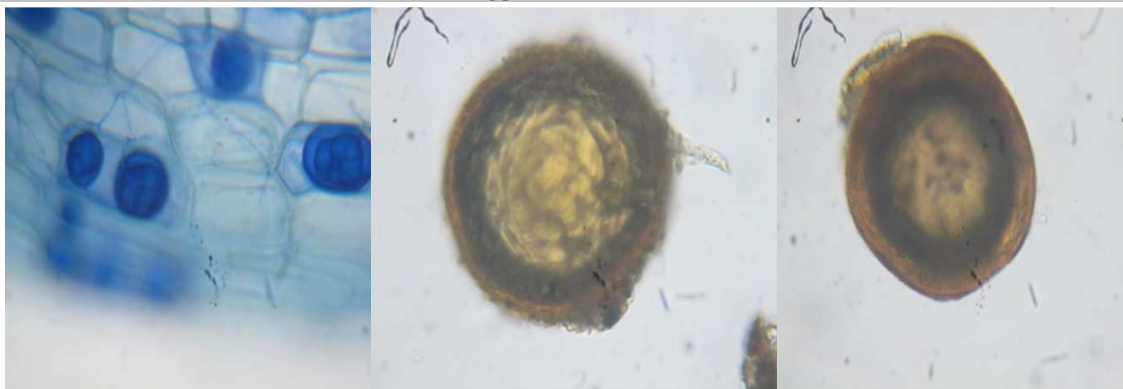


Fig. 4: Internal Spores of VAM fungi, Fig. 5: Spore of *Glomus* sp.1, Fig. 6: Spore of *Glomus* sp.2

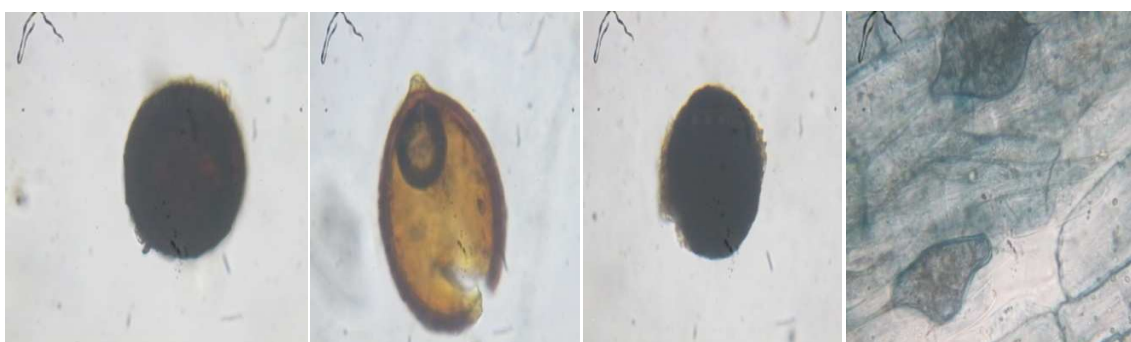


Fig. 7: *Acaulospora* sp., Fig. 8: Spore of *Glomus* sp.3, Fig. 9: Spore of *Glomus* nigra, Fig. 10: Vesicle of *Acaulospora* sp.



Figure: Author in field

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